



PLAN DIARIO

Prioridades

Three empty circles for listing priorities.

3 Metas diarias

Three empty lines for daily goals.

Por hacer...

A list of ten empty circles for tasks to do.

NOTAS

A large grid area for taking notes.

Agua diaria:



Desayuno

Almuerzo

Comida

Cena

Cosas por las que agradezco hoy:

A grid area for listing things to be grateful for today.

Citas de hoy:

A large empty box for quotes from today.